

Northwood YMCA



We build strong kids, strong families, strong communities.

Summer Camp 2009 Specialty Camp Descriptions

Sports Specialties

Flag Football- Join us in an action packed, fast moving, fun game! This specialty will teach you all you need to know about flag football!

Soccer- Kick and score in this exciting specialty camp. Learn soccer skills throughout the week then put them to the test as you challenge other campers.

Basketball- Dribble, shoot! Take the ball to the hoop in this fun filled specialty. Learn the fundamentals of basketball and also challenge other campers!

Volleyball- Set and spike in this athletic specialty. You will create teams and learn how to play indoor volleyball

Ultimate Sports- In this eclectic specialty you will learn and play a different ultimate game everyday. You may even have the chance to make up your own!

Cheer- Give me a Y! In this specialty you will learn cheers and create a routine with the other campers!

Dance- You will have the opportunity to use our amazing dance room in this specialty! Use the skills you will learn to create a routine with others and maybe even perform for the whole camp!

Jump Rope- In this specialty camp, campers will design and make jump ropes. The campers will use the jump ropes and learn different techniques and tricks!

Science & Technology Specialties

Ooey Gooley- Silly putty, slime, and other gooey things will be your top priority in this sticky specialty!

XBOX & Wii- In this exciting specialty your kids will get hi-tech with the latest and most exciting video games!

Experiment Extreme- Join this specialty and find out if your child is the next Einstein! This exciting specialty lets your child participate in extraordinary experiments!



For more information please go to www.ncfymca.org or call the number listed above. We hope to see you this summer!

Summer Camp 2009 Specialty Camp Descriptions

Adventure Specialties

Water Sports- This specialty is perfect for the summer heat! Come cool off with fun water games!

Comic Book- Create your own characters and story line. By the end of the week you will have your very own illustrated comic book!

Outdoor Adventure- Come and learn how to survive in the great outdoors. Learn about nature, survival skills, and how to make s'mores!

Around the World- Come join us while we visit a different country everyday in this cultural club! On the last day your child will have a fiesta to celebrate!

Soapbox Car- Spend your week making your very own miniature wooden car! On Friday you will challenge all of your other group members to a race!

Art Specialties

Food Art- Create edible treats in this exciting specialty! Make crafts and then at the end of the day you will be able to eat them!

Sculpture- Become the next Michelangelo! You will design and create different types of 3-D artwork!

Painting- Learn from the best in this artistic specialty. Learn how to use watercolor and tempera paint! Learn all about different techniques and composition!

Photography- Shoot some film in this exciting specialty! Learn how to use a camera and also how pictures are made! At the end of the week put your photos together in your very own album!

Drawing- Charcoal, pencil, and pastels will all be explored in this creative specialty! Have fun creating drawings for a lifetime with the techniques you will learn this week!

Natural Art- In this specialty nature and art go hand in hand! You will create art with found objects and other things that occur in nature!

Bead It- You will have the opportunity to make beautiful beaded projects in this specialty. You could make anything from key chains to necklaces!

Academic Specialties

Summer Reads- This is a four-week session that is structured around your child's individual learning capabilities. This specialty will help your child in the area of reading and writing.

Summer Math- This is a four-week session that is structured around your child's individual learning capabilities. This specialty will help your child in the area of math.